

Tobacco, Nicotine, Vaping, and Youth: A Look at Tobacco/Vaping Trends in School-Aged Youth

FREE ZOOM WEBINAR: TUESDAY, NOVEMBER 30, 7–8 P.M.

Parents, caregivers, and community members are encouraged to attend this special presentation to discover everything you always wanted to know about tobacco/vaping but didn't know who to ask.

Our topics will include:

- Traditional tobacco products and their popularity
- Electronic Nicotine Delivery Systems (ENDS) what are they and how do they work?
- Vaping and transition to tobacco products
- Effects of nicotine on learning and physical and mental health
- Cross utilization of ENDS to Utilized CBD's (non-THC) and marijuana (THC) based products
- What does the Pennsylvania Youth Survey (PAYS) data tell us?
- Cessation/quitting options and available supports for youth and families

Presenter David Fialko is a Nationally Certified Tobacco Treatment Specialist and has worked in the field for nearly 20 years. He works for The Council of Southeast Pennsylvania, Inc., a private nonprofit organization founded in 1975 that provides prevention, intervention, and addiction recovery solutions. This project is funded through the Health Promotion Council and the PA Department of Health.

This **FREE** webinar is sponsored by Cheltenham Communities That Care (CTC) and is open to the entire Cheltenham Township community.

Learn more and register at https://bit.ly/TobaccoVapingTrends



For more information, contact Wendy Rosenfeld, CTC Community Mobilizer, at wrosenfeld@fsmontco.org.

For more information, visit <u>www.CheltenhamCommunitiesThatCare.org</u>.