



# Ask a Question, Save a Life

*You're invited to Q.P.R. Gatekeeper Training!*

QPR stands for **Question, Persuade, Refer**:

3 simple steps that **anyone** can learn to help save a life from suicide.

*Gatekeeper Training* prepares attendees to:

- Recognize the warning signs of suicide
- Ask someone about suicidal thoughts
- Offer and connect to help

**Cheltenham Communities That Care**  
is hosting a **FREE**  
QPR training for Adults:

**April 27, 2021 | 7:00 PM - 9:00 PM**

Please Register [HERE](#)

To ask any questions please contact Ty Williams at

[twilliams@accessservices.org](mailto:twilliams@accessservices.org)

